



Fact Sheet

The mission of More to Life Adult Day Health Center is to provide a safe and friendly group care program for dependent adults during the day. The Center provides a comfortable, clean and encouraging environment with a wide variety of activities to enrich the lives of each participant. The Program is designed to maintain the participants' highest level of independence and well-being for adults over 18 years old, including those with traumatic brain injuries, Alzheimer's or dementia. The program provides an economical alternative that enables families to remain together longer while extending independence and offering "more to life" for the recipient and for the caregiver.

Benefits include:

enriching activities	peer support and friendship	transportation
nutritious diet	shower, bathing	incontinence management
friendly staff	chair yoga	patio gardening
wellness monitoring	secure facility	balloon sports
financial aid	caregiver support	book club
Saturdays	holidays	fall reduction exercises
manicure, pedicure	med reminders	haircut, color, set
adventure tours	comedy hour	musical performances
youth visitors	Bingo	poetry club

Level of Care

Level 1: Examples of Participant's capabilities or needs:

- Eats independently. No monitoring of special diet or medications.
- Participates in group activities without special modifications or frequent one-on-one intervention.
- Occasional stand-by assistance to walk or transfer safely.
- Uses toilet with minimal assistance.

Level 2:

- Requires regular supervision and/or assistance with eating, or personal care activities.
- Requires frequent one-on-one intervention to prevent escalation of anxiety or detrimental actions.
- Requires assistance with ambulation, transferring or toileting.
- Requires special diet, medication or Oxygen.

Fee Schedule

Program Rates

as of November 2022

Open 7 to 4 Monday - Friday

(no lunch)

	over 5 hours	under 5 hours	under 4 hours	9:00 – 4:00
	<u>Full Day</u>	<u>Half Day Plus</u>	<u>Half Day</u>	<u>Saturday</u>
<u>Level 1:</u>	\$ 95	\$ 75	\$ 65	\$ 95
<u>Level 2:</u>	\$ 115	\$ 95	\$ 85	\$ 115

These per-day rates include healthy snacks and lunch, except no lunch for “Half Day”.

We are also open 7:00 to 4:00 on all holidays except Thanksgiving and Christmas.

Extended hours beyond 4:00 may be arranged or \$1/minute without prior arrangement.

Other Services and Fees

Application fee \$95, Shower \$30, Transportation one way: \$20, \$2/mile over 10 miles

Limo tours : \$30, Full Salon services (when available)

Admission Requirements

Prior to admission all clients must:

1. Visit More to Life, tour the facility and meet the friendly staff.
 2. Have a Family Caregiver complete the application packet.
 3. Have the client’s Doctors do an assessment to confirm that Adult Day Care is a good match, and complete the Client Medical Report.
 4. Submit TB test results to MTL.
- No minimum attendance is required, but attending at least three days a week is highly encouraged.
 - MTL is an approved **VA PROVIDER**. Veterans receive free attendance and free transportation with prior approval from the VA.
 - Clients remaining after closing time will be charged \$1/minute, unless prior arrangements are made.
 - Harmful or contagious individuals will be referred to a more appropriate facility.
 - Please refer to the separate list of “Programs for Financial Assistance” for those who qualify.

See more details at www.AdultDayCareReno.com or call Jeff Dold at 775-358-1988.

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